



# In Home Care

SUPPORT AGENCY TASMANIA



## CONTACT DETAILS

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# Newsletter

April 2021

*Dear In Home Care Families,*

It's hard to believe that the first lot of school holidays are already upon us!

The colder months are also rapidly approaching, so we have included a link to a great article highlighting the importance of outdoor play in winter. There are so many benefits of spending time outdoors, even during winter!

<http://thespoke.earlychildhoodaustralia.org.au/importance-outdoor-play-winter/>

## Speech, Language and Communication Milestones



Over the next few issues of the newsletter, we will be focusing on different areas of development and providing you with resources on developmental milestones. We start our 'child development' series with 'speech and language development'.

Speech, language and communication are crucial to young children's overall development. Being able to speak clearly and process speech sounds, to understand others, to express ideas and interact with others are fundamental building blocks for a child's development. Research suggests that good communication, language and literacy at a young age, correlates with positive outcomes at school.

Speech and language skills underpin many other areas of children's development by:

- providing a strong foundation for other areas of learning, such as reading and writing
- promoting social skills and forming friendships and relationships
- building confidence and self esteem
- supporting social and emotional development
- helping children to make sense of the world around them.

We have included a link below to a wonderful resource from Speech Pathology Australia. It is an easy way to examine the way in which your children communicate, and potentially identify any areas of concern. It is in an easy to read format and also contains contact details for Speech Pathology Australia if you have any concerns you would like to discuss with them.

<https://speechpathologyaustralia.cld.bz/Communication-Milestones-A4-sheets>

For access to further speech and language fact sheets and information; <https://www.speechpathologyaustralia.org.au/>

## IHC Support Agency Tasmania staffing

To appropriately support the growing number of IHC families across Tasmania, we have restructured IHC admin role to increase our responsiveness to families across the week. Whilst we aim to ensure either Natalie or Roxanne are available to respond to phone calls and emails each day, there will be times when families may need to leave a message with another staff member. Please be

assured either Natalie or Roxanne will return your call as soon as possible.

Please remember to keep us updated with any changes to your IHC needs or family circumstances. This will help us ensure that your Family Management Plan (FMP) is up to date and is reflective of the correct days and times

of IHC sessions. Keeping your FMP updated also ensures that educators are being correctly paid for the hours they work. This can be done either by phoning 1300 052 057 or emailing either

[ihc.admin@ihcsupportagencytas.com.au](mailto:ihc.admin@ihcsupportagencytas.com.au).  
Or [info@ihcsupportagency.com.au](mailto:info@ihcsupportagency.com.au)

We look forward to continuing to support your In Home care needs throughout 2021.

*Roxanne, Natalie and the IHC Support Agency Tasmania team.*